



IMMEDIATE RELEASE

Start Date: September 12

End Date: September 22

### **3 Minute Member Showcase featured at August Chamber meeting**

Sauk Rapids, Minn.—The Sauk Rapids Chamber held their monthly meeting August 25 at the Good Shepherd Fellowship Hall. Attendants at the meeting listened to eight Sauk Rapids Chamber members spend three minutes each providing more information about their businesses.

Betsey Lund, Neils-Franz-Chirhart, Attorneys at Law, discussed the ramifications of social networking in the workplace. Lund suggested setting up a policy in employee manuals about hiring practices to avoid possible litigation.

Michelle Kuklok and Char Demarais, Great River Federal Credit Union, explained how credit unions differ from banks. Kuklok and Demarais promoted their personal service check program that encourages an in-depth look at personal credit reports with a focus on lowering interest rates.

Tim Schmidt, Rejuv Medical, explained that almost all services at his clinic are covered by medical insurance, even weight loss programs, and clients can use their Health Savings Account (HSA) funds toward personal training.

Todd Brinkman and Maureen Jenson, KASM/KDDG, detailed their target demographics in the St. Cloud area, focusing on the section with the fastest growth, the “in-betweeners” or those who are between the Twin Cities and St. Cloud.

Dr. Marc Anderson and Kirsten Freeman, 360 Chiropractic, discussed myths regarding chiropractic care, and explained the free visits their clinic sponsors every year, including a free birthday visit.

Don Blonigen, Dijital Majik, spoke about his custom-built computers and personalized service, explaining they work on all makes and models and help customers with data recovery from any kind of digital device.

Kevin Johnson, 44 Sign Company, explained the recent changes in sign companies because of digital printing. Johnson also explained the various types of signs his company can create.

Jessica Mergen Ward, Minnesota School of Business, discussed the benefits of internships and the differences between internships and externships. Mergen Ward also highlighted posting internships on their jobsite for free and an upcoming job fair in October.

The Sauk Rapids Chamber meets on the fourth Thursday of every month. The next meeting is September 22 at 11:45 a.m. at C & L Distributing, and is open to the public. There is no cost to attend. Please register by September 20 by calling the Chamber at 251-2940, ext. 126, or online at [www.SaukRapidsChamber.com](http://www.SaukRapidsChamber.com).

For more information, call (320) 251-2940.

The Sauk Rapids Chamber promotes a healthy business environment in the community of Sauk Rapids, working in cooperation with member businesses, local government, the public school system and other community organizations.

-Chamber-

Submitted by Alexa Sandbakken, Sauk Rapids Chamber, (320) 656-3810.

Photo Captions:



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Michelle Kuklok and Char Demarais, Great River Federal Credit Union, explain how credit unions differ from banks at the Sauk Rapids Chamber August meeting at the Good Shepherd Fellowship Hall.

Alexa Sandbakken  
Chamber Communications Intern  
Direct (320) 656-3810  
Chamber (320) 251-2940 ext. 110